

# January

2023

## Toothbrushing Chart

Brush (with help) twice a day then bring your completed chart to our office for a prize!



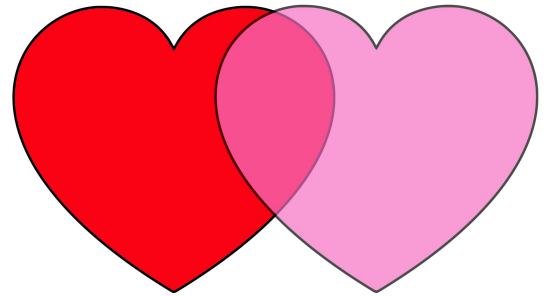
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 AM/ PM	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

# February

2023

## Toothbrushing Chart

Brush your teeth twice a day then bring your completed chart to our office for a prize!!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
AM/ PM						
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

